**Presentation by Luca Piazza
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**Running Injuries Prevention**

A Smart, evidence based & interactive Webinar that will provide you with the basic principles for the prevention of running injuries

* 1 hour essential webinar
* 3+ exclusive Dynamic warm up exercises
* 2 video case studies on actual runners
* 15 minutes Questions and Answers
* Running Injuries Prevention Certificate
* 1 hour cpd

Who is it for: Physiotherapists, Sports Therapists, Pilates Instructors, Runners, Running Coaches, Fitness Professionals, Osteopaths, Chiropractors, Students, other Health pros.

Luca Piazza is a Chartered Senior Musculoskeletal and Sport Physiotherapist founder and director at Physiosophy.

Over the last decade he has developed his clinical expertise through thousands of hours training with top experts, and he prides himself on delivering the highest standards of services.

Luca has gained significant clinical experience as a physiotherapist in various  sports medical teams and as a director in various renowned practices in Italy.

**Duration**
90 min

You can view this webinar from your computer, tablet or mobile phone.